E-Newsletter February 2016









WELCOME

Once again it has been an extremely busy time for members of the RMB. The Regional Round of National Schools was again a huge success with the competition running extremely well. Many thanks to all RMB members and the Wavell Local league for their support. The one area that we will be reviewing is car parking. We shall be looking at ways of restricting the number of cars on to the school site as there were issues from a small minority of parents who were not co-operative.

It is with regret that I need to inform you that Priya Samuel will be stepping down from the RMB. Her last Board meeting will be in March, thus we will be looking for a coach to take on the role of Chair of coaching Group.

Our Board members continue to work for our members, but as Board we would wish to encourage individuals with the following skills to apply for the Board, or alternatively we can co-opt as an interim measure. We are looking for individuals with the following skills:

- Events and marketing;
- Legal and/or personnel;
- Coaching and performance.

In addition due to U17 competition in July 2016 at Loughborough, we are also looking for the following volunteers:

- Assistant coach to U17;
- Team manager for U17.

For next season we are also looking to recruit to the following roles:

- Team manager for Team South;
- Administrator for Team South booking venues, making travelling arrangements, booking hotels.

For all roles full expenses will be paid. If you are interested, please contact me for further information.

Bill Alexander

walexander54@sky.com

DATES FOR DIARY

- Netball South AGM—Saturday 2nd July 2pm
- Netball South Goalden Globes—Saturday 2nd July from 7pm

Nomination details for the Regional Goalden Globes will be available on the website from March.

Visit: www.netballsouth.co.uk/volunteering/goalden-globes



NET10 for Life

Raising money for Cancer Research UK 27th February – 13th March 2016

Pledge 10p per goal scored in the weekly fixture

EXAMPLE:

Luton Lollypop Ladies **45** (£4.50) vs. Dunstable Dinner Ladies **33** (£3.30)

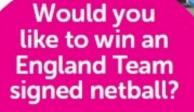
Total pledge from both teams = £7.80

A volunteer needs to collect the pledges and donate them online at justgiving.com/net102016

Get your team to show their support on court with our new pink #NetballLaces

At a recommended donation of £2 per pair you can get from: iheartnetballstore.co.ul





Follow England Netball on Twitter and Facebook to find out more!



Cancer Research UK is a Registered Chari in England and Wales (1089/464), Scotland (SCD43666) and the bla of Man (1103)







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Regional Round of National Schools

The South Regional National Schools Competition took place on the 30th January, 41 Teams from across the South region joined us at Wavell School to compete for places in the National Finals in U14s, U16s and U19s.

It was a chilly start in Farnborough but play got underway with group stages at 10am. Each age group was split into two groups all competing for a place in the semi –finals. There was some fantastic netball played throughout the day with all the players showing great sportsmanship and plenty of supporters around cheering on the teams.



In the U14s, St Helens & St Katherines, Queen Anne's, Beaconsfield and Brighton all progressed to the semi-finals. St Helens & St Katherines were victorious over Brighton in a very tight match to earn a place in the finals and a place heading to the National Finals next month. Beaconsfield vs Queen Anne's was also a very evenly contested game. It was Beaconsfield who came out on top to head to the finals!

Wellington, Beaconsfield, Durrington and Aylesbury High all made it to the Semi-Finals in the U16 competition. Group C winners, Wellington, were up against group D runners up, Aylesbury High. Aylesbury



High took the win by just a single goal and head into the finals along with Beaconsfield who denied Durrington a place in the finals.

In the U19s Brighton and Beaconsfield both overcame their opponents with impressive goal margins over Hurst college and Wellington college respectively. Both Brighton and Beaconsfield will join the U14 and U16 Semi Finals winners at the National Finals in March.

Although the winners of the semi finals both head to Nationals, finals and 3/4th play offs finished off the day.

The results following the finals:

- U14—St Helens & St Katherines 7—13 Beaconsfield High U16—Aylesbury High 3—7 Beaconsfield High U19—Brighton College 13-12 Beaconsfield High (AET) **3rd/4th Play Offs** U14—Brighton College 10—9 Queens Anne's U16—Wellington 10—14 Durrington
- U19—Hurst College 8-9 Wellington



Well done to all the schools who took part in the National Schools Competition and thank you to all the coaches, teachers, parents and supporters for enduring the cold to cheer on all the teams!

A huge thank you to all the volunteers who were involved in making this event happen. The tournament officials and umpires all did a fantastic job in ensuring that everything ran well on the day.

Good luck to the schools who will be representing the South region at the National Schools Finals in March:

U14—Beaconsfield High and St Helens & St Katherines

U16—Beaconsfield High and Aylesbury High

U19—Brighton College and Beaconsfield High



Full results are available on the website. Click Here

Final Standings after the Group Stages:

U14:	S
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Group A	Group B
1—St Helens & St Katherines	1—Beaconsfield High
2—Queen Anne's	2—Brighton College
3—Hurst College	3—Wellington
4—Wycombe High	4—Portsmouth Grammar
5—King Edwards	5—The Grange
6—Aylesbury High	6—Oxford High
7—Ryde	7—Cowes

U16s

U19s

Group C	Group D	Group E	Group F
1—Wellington	1—Durrington	1—Brighton College	1—Beaconsfield High
2—Beaconsfield High	2—Aylesbury High	2—Wellington	2—Hurst College
3—Brighton College	3—Oxford High	3—Sir William Borlase	3—The Abbey
4—Portsmouth Grammar	4—Thornden School	4—Farnborough 6th	4—Peter Symonds
5—St Helens & St Kather- ines	5—Queen Anne's	5—St Helens & St Kather- ines	5—Magdalen College
6—Stowe	6—Sir William Borlase	6—Ryde	6—Aylesbury High
7—Cowes		7—Akeley Wood	7—Cowes





CAPs Clubs

The last CAPS assessment at the end of November 2015.

Congratulations to Dreams Netball club for re-accrediting at Silver Level

Following completion of their folders and a successful assessment in November they were awarded their Silver CAPS. This prestigious accreditation is only given to clubs who can demonstrate that they are offering a good quality netball provision within their community.

If you are interested in becoming a CAPS accredited club please contact the Regional office or your County Netball Development Officer for further details and support. The process is outlined on the next page.

Regional Office: South@englandnetball.co.uk

Development Officers

Hampshire & IOW: Carey.McCormick@englandnetball.co.uk

Berkshire & Oxfordshire: Nicola.Young@englandnetball.co.uk

Sussex: Stacey.Boxall@englandnetball.co.uk

Buckinghamshire : Joanne.Odro@englandnetball.co.uk





The CAPS Process

Steps to achieving CAPS

What help is available?

Registration Register your club for CAPS by completing the registration form and returning it to England Netball. You must have junior members (U19) and be affiliated to England netball

Working towards CAPS

Actively work towards CAPS. You may want to form a working group to assist with completing the assessment file and collecting evidence.

Step 3

Step 2

Step 1

Submission of file Once you have completed the assessment file you need to submit this to your regional office by one of the assessment dates.

XPS

Download the form from www.englandnetball.co.uk/make-the-game/caps or contact your regional office

Your Netball Development Officer (NDO) will contact you to arrange a meeting to go through the assessment file.

Find the assessment dates at www.englandnetball.co.uk/make-the-game/caps or contact your regional office.



Step 4

Annual Health Check Once you have achieved CAPS you must complete an Annual Health Check each year of accreditation. This is a self-declaration process to ensure that clubs are maintaining CAPS status.

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Once you have achieved Bronze CAPS you have the option for going for Silver or Gold.

Silver and Gold CAPS

Step 6

Step 7

Step 5

External Verification

Clubs are randomly selected each year to be externally verified by an independent organisation to ensure that they are meeting Clubmark standards.

CAPS Re-accreditation

Every four years CAPS clubs must reaccredit. This will involve re-submitting the assessment file. Your regional office will contact you when you need to complete your Annual Health Check and your NDO will assist you if you need help.

If you wish to submit for Silver or Gold CAPS contact your regional office who will advise and support your club.

If your club is selected you will be informed by England Netball and you will be contacted by ClubMark), the organisation responsible, to arrange a date and time that is convenient.

Your regional office will contact you to tell you when you need to re-accredit and your NDO will be available to assist you with updating your assessment file.

England

backto nelball

Back to Netball



South Hampshire Back to Netballers raise £600 for Children in Need

Back to Netballers from across South Hampshire came together recently for a fun-filled festival to raise £604 for the BBC Children in Need appeal.

8 teams from Southampton, Fareham, Gosport, Portsmouth and Hayling Island played in a friendly tournament, with Gosport-based Netstars coming out on top to take the winners' medals, remaining unbeaten through the evening.

England Netball's Community Coach Debbie Laycock organised the event and said "It was a fab evening, a great opportunity for our local back to netball participants to play games in a friendly environment and even better that we made so much money for a great cause! Huge thanks to Gosport Leisure Centre

for hosting us for free, meaning all the money raised went to charity"

Teams were encouraged to dress up for the event and they didn't disappoint with various creations and themes displayed, including 80's, Disney, robbers and animals. The winners for the 'Best Dressed Team' went to Fareham Flyers for their 'Where's Wally' theme, which they wore from start to finish!





Most of the money raised came from a successful raffle on the evening, with prizes donated by Southampton Climbing Centre, Portsmouth Golf Centre, Watkins & Faux Café, HC Tournaments and Movelat.

Laycock added 'Huge thanks to everyone who donated and contributed to the raffle – it was really well supported. Huge appreciation also goes to our volunteer umpires on the evening, Angie Osborne, Hayley Townsend, Rachel Teal and Kelly Wallis who all did a superb job. They dressed as angels and they lived up to their name!"





St John's College staff Back to Netball success

Staff from St John's College in Southsea took home the winners' medals from the latest workplace Back to Netball festival, organised by England Netball.

The festival was only the second of its kind in the city, run by England Netball's Netball Development Community Coach Debbie Laycock in partnership with Portsmouth City Council's Sport Officer Matt Birch, attracting teams from organisations such as Apollo Fire Detectors, Mercury, Mountbatten Centre and Portsmouth City Council.

The St John's College ladies, all teachers and support staff from the school, remained unbeaten during the event held at the Mountbatten Centre. Captain Abi Nelson explained: "We were thrilled to win the festival – but it all started at the first Back to Netball workplace event last September. We entered for a giggle and surprised ourselves by winning a few games! Since then most of us have been attending regular Back to Netball sessions and really enjoying them."



She added: "We've really benefitted as a group of colleagues and have talked some of our other members of staff into giving it a go. We were delighted that all out hard work bore fruition at the festival, it's the first ever sporting medal I have ever won!"

Portsmouth City Council side Stacey's Stunners took home the runners-up medals, only losing to the eventual winners.

Debbie Laycock explained: "It was another great response from businesses and organisations from the local area. Out of the seven teams that entered into this festival, we had 29 ladies who haven't played netball for a number of years. That's what Back to Netball is all about – having a giggle, playing with friends and having a run around it's not about who's best or how often you play!"

"We've received some great feedback on this festival and we'll look to put more festivals on during the summer months, including a mixed one for the men to get involved"





Mybame



Community Court Opening

Years of hard work have paid off for community netball team Laurel Park, as local council agreed to revamp a run down facility. The Chalfont Park courts have undergone a transformation and are now resurfaced, re-fenced and ready for action. Lisa Wise, Head Coach for Laurel Park, had been desperate for a local facility to train at, and also support the development of netball and women's sport in the area. The 3 floodlit courts will provide a great outdoor facility for netball amongst other sports. Both Back to Netball and Netball Now programmes are set to run at the facility!

The courts were officially opened on Monday 15th February 2016 by Wokingham Borough Council Mayor Councillor Parvinder Singh Batth





Completed Project

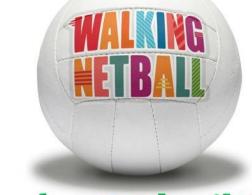
Before development







Walking Netball Tournament



Sunday 24 April 2016

Kingsmead Netball Centre, Fennels Road, High Wycombe, HP11 1JB

10am-3pm £5.00 per player

Everyone is welcome!!

Come along as an individual and build a team on the day or bring a ready made team.

Bring a picnic. Hot and cold drinks will be available to purchase. Medals for finalists plus fun prizes for individuals and a raffle!





For more information please email Jan Harper: janharper68@aol.com



Mybame



Lisa has had an instrumental year coaching at Laurel Park Netball Club, which she set up back in 2012. Due to Lisa's love for Netball and the commitment she has shown, the club has developed into 12 different teams which play in 5 separate leagues across Berkshire. Lisa also runs Back to Netball and Netball Now sessions for women who enjoy playing casually. Lisa works tirelessly to promote Netball in the county and is regularly featured on BBC Radio Berkshire, she even organises mixed Netball sessions to allow men to get in on the action. Lisa's passion and enthusiasm for Netball has allowed 100's of people to play Netball.



Get Berkshire Active Awards: Club/Team of the Year—Woodley U16s

Woodley Netball U16s managed to raise the clubs profile this year through their extraordinary achievements. The team leapt to victory in the National U16 Club Finals that were held in Redbridge, Essex in May. The final match saw a close encounter against Manchester-based team Tameside, but Woodley managed a winning goal in the dying seconds of the match to ensure a famous victory for the Berkshire based Netball Club. The team showed outstanding individual talent throughout, but more importantly the phenomenal teamwork and determination to succeed ensured victory for the girls team.



olunteers



Eastleigh Sports Awards: Service to Sport—Gwen Silvester (Far L eft in picture)

Eastleigh Sports Awards—Service to Sport

The Service to Sport category is given to those who have committed a minimum of 10 years to their chosen sport locally. **Gwen Silvester** founded Swan Netball Club in 1982 who wanted to start a club for Mums with young families, so she went door knocking in Boyatt Wood, Eastleigh and formed a Netball Club based at Crestwood School. Over 30 years on she is still a very active volunteer and a well - loved member of the Swan netball family, which boasts 17 teams and over 300 people. In those years Gwen has always been an active volunteer for the club holding various roles



Oxfordshire Sports Awards: Coach of the Year—Julie McDermaid

The Oxfordshire Sports Awards raises awareness of the value of sport and physical activity to individuals and communities of Oxfordshire. They recognise the contribution of those who deliver sport and physical activity at local level, including schools and clubs, volunteers, coaches and sport development officers. Julie McDermaid took home the coach of the year award for her contributions to netball.

Julies nomination came from her club—Didcot Netball Clubwho said that her passion and commitment to the club has been second to none. She has been an inspiration to many and is a major contributor to the success of the club. She has enabled thirty ladies from all walks of life to not only enjoy netball again, but to develop skills, improve fitness and participate in competitive sport.

Julie coaches both the senior and junior sections of the club and also support local primary schools in their netball enabling many women and young girls to get involved with netball.





Regional Leagues



The Regional Leagues are now heading to a close with only 2 rounds left across all open divisions and 3 rounds for the Junior age groups. See below a summary of current standings for all leagues (as of 22nd Feb)

You can see all the fixtures, results and full tables on the Netball South website here

Division 1

Weston Park Blades 2 Dreams 3 Sparks 4 CD Phoenix 5 Eagles SAS 6 7 Rushmoor 8 Sussex Tigers

Division 2

Sussex Storm 2 **Shooting Stars** 3 Swan 4 **Abbey Hurricanes** 5 Weston Park Blades Two 6 Brize Jets 7 Meon 8 Woodley

Division 3

Clan 2 Sussex NRG Pumas 3 Eagles Two Saffrey Panthers Guernsey 4 5 MSN **Trinity Oxford** 6 7 Wokingham **Tongham Tornadoes** 8

U19

- Royals 2 Weston Park
- 3 Clan
- **CD** Phoenix 4
- **MK Netters** 5
- 6 Eagles
- 7 **NRG** Juniors
- **Bucks Phoenix** 8

<u>U</u>	<u>16</u>	
agle	20	

	Lugics
2	MK Netters
3	Team Matrix
4	Woodley
5	Royals
6	Swan
7	Weston Park Blades
	Didues
8	Mid Sussex

1	Eagles
2	Bucks Phoenix
3	MK Netters
4	Weston park
5	Woodley
6	Swan
7	Mid Sussex

1114

8 Rushmoor

U	1	3

- Eagles
- 2 Woodley
- **CD** Phoenix 3
- 4 Team Matrix
- 5 Bucks Phoenix
- Weston park 6
- 7 **MK Netters**
- 8 Swan





Netball South

EOS Festival



Netball South is delighted to announce an End of Season Festival to celebrate England Netball's 90th Anniversary and to support Sport Relief.

The event will be held outside at Wavell School, Lynchford Rd, Farnborough, Hampshire, GU14 6BH on:

Saturday 4th June 2016

We welcome entries in the following sections:

- Walking Netball,

- Masters (Over 35's),

- Mixed (minimum of 3 men per team)

- Fancy Dress where teams need to dress in "decade" themed fancy dress but must be able to play netball safely.

As this is a fundraising event for Sport Relief, the Officiating Technical Support Group (OTSG) has generously agreed to provide all umpires at no cost to the teams.

Entry fee per team £90.00 (includes free provision of umpire and all profits go directly to Sport Relief). Teams outside the South Region and those wanting to enter a 2nd team will be accepted on first come first served basis and only notified if successful after closing date when numbers are known.

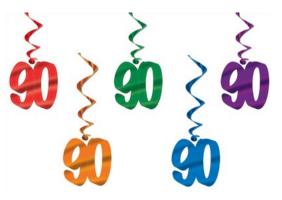
Any team withdrawing after the entry deadline will forfeit their entry fee.

CLOSING DATE FOR ENTRIES SUNDAY 8th MAY 2016

Download Entry Form from the website

Click here

All email enquiries should be addressed to Sarah Kucera on sarah.kucera@btinternet.com









There are a number of tournament opportunities for Junior Teams throughout 2016.

Take a look at our website for tournament details that have been provided to us. Entry Forms and contact details are included.

Please visit: www.netballsouth.co.uk/competitions/other-tournaments



Coach Recruitment

Clubs Recruiting Coaches

Trinity Netball Club in Oxford and Newbury Junior Netball Club in Newbury are both looking for Level 2 coaches to help support the delivery of netball in the clubs. For full information regarding these positions please visit:

www.netballsouth.co.uk/about-netball-south/netball-recruitment

Coach adverts do get placed here throughout the year so if you are interested in coaching at a club or wish to advertise for a coach please just get in touch with the regional office.

south@englandnetball.co.uk

Back to Netball Coaches

Are you interested in becoming a Back to Netball coach?

The region are always looking for coaches to help support the delivery of Back to Netball and are currently looking in particular for coaches to run a session in Bicester and one in Henley. You must be a level 2 coach to lead the session.

If you are interested in coaching Back to Netball please get in touch with you county Netball Development Officer who will be more than happy to discuss this with you:

Hampshire & IOW: Carey.McCormick@englandnetball.co.uk

Berkshire & Oxfordshire: <u>Nicola.Young@englandnetball.co.uk</u>

Sussex: Stacey.Boxall@englandnetball.co.uk

Buckinghamshire : Joanne.Odro@englandnetball.co.uk





RA/RPA open sessions

A reminder to all Netball South's County & Satellite Academy Coaches ...

The Netball South Regional Academy and Regional Performance Academy sessions on Monday evenings are open for you to attend and actively develop your academy-style coaching skills.

Both sessions are delivered by Elly Moore (EN Performance Pathway Coach for Netball South) and Linda Cairney (Assistant RPA/RA Coach).

RA | Monday 6-8pm | Testlands Hub, Green Lane, Southampton SO16 9RG RPA | Monday 8-10pm | Testlands Hub, Green Lane, Southampton SO16 9RG

Please let Elly know ahead of any sessions you intend to attend (elly.moore@englandnetball.co.uk).

Club coaches are also welcome.

Note: Elly has a list of coaches interested in performance-related events; email Elly if you would like to be added (or removed) from that distribution list. Examples of events that coaches on the 'interested' list are: Regional Day Camps, Netball South Summer Camp, Workshops and similar.







Netball Europe U17s



Good luck to the England U17 squad heading out to Gibraltar Netball Europe U17 2016.

Congratulations to players and umpires from the region heading to Gibraltar: **Players:** Chartie Curtis and Ashleigh Dekker (Both South and Team South Tigers) **Umpire:** Chris Obin



The format of the competition will see England U17's, Scotland U17's, Wales U17's and Northern Ireland U17's compete in the Championship section.

Battling it out in the challenge section will be Switzerland, Gibraltar, Malta and Republic of Ireland.

Tournament Schedule

Friday 4th March

Gibraltar v ROI – 10am England v Northern Ireland – 12pm Switzerland v Malta – 2pm Wales v Scotland – 4pm

Saturday 5th March

Scotland v England – 10am Switzerland v ROI – 12pm Northern Ireland v Wales – 2pm Malta v Gibraltar – 4pm

Sunday 6th March

ROI v Malta – 9am Northern Ireland v Scotland – 11am Gibraltar v Switzerland – 1pm Wales v England – 3pm







Team South Tigers participate in the Netball Performance League. It is an opportunity for young players in the South to enter into U19 national competition. The fixtures will see Team South play against the NPL squads of all the big name Superleague franchises: Team Bath, Celtic Dragons, Loughborough Lightning, Hertfordshire Mavericks, Team Northumbria, Manchester Thunder, Yorkshire Jets, and Surrey Storm. Team South will also play against another non-franchise NPL side,

West Midlands Warriors.

Why not come and join us at the Team South Tigers home fixtures at Surrey Sports Park. All the fixtures and times are on the next page and any changes will be updated on our website. It's Free to come along and watch and enjoy some fantastic Netball!







TEAM SOUTH TIGERS Fixtures/Results



Date	Home Team	Result	Away Team	Venue/Time
5 th February 2016		52-21	A CONTRACT OF A	Surrey Sports Park
13 th February 2016		44-46	Mavenicks	Sparsholt College
27 th February 2016		-	West Midlands Warriors	Surrey Sports Park 5.30pm
18 th March 2016	TEAMBATH DAve PRIPY OF BATH	-		University of Bath 5.15pm
26 th March 2016		-	A CONTRACT OF A	Manchester Arena 3pm
2 nd April 2016		-	A CONTRACT OF A	Leeds University 12pm
2 nd April 2016	ø Jets	-		Leeds University 2pm
9 th April TBC		-	teamnorthumbria	твс
23 rd April 2016		-	CROCO SKOOL	Surrey Sports Park 3pm



Mulame









EXCELLENCE IN SPORTS COACHING



Mybame



Are you aged 12-25 or have young people in you club who are? Involved in volunteering? Want to get recognised?

What is Pass on Your Passion?

The 'Pass on your Passion' programme aims to recognise the countless number of young volunteers in netball. It aims to provide you with opportunities, ideas and rewards to help you on your leadership and volunteering journey. No matter what your role in netball, we want you to Get Involved and Get Recognised.

Who is it for?

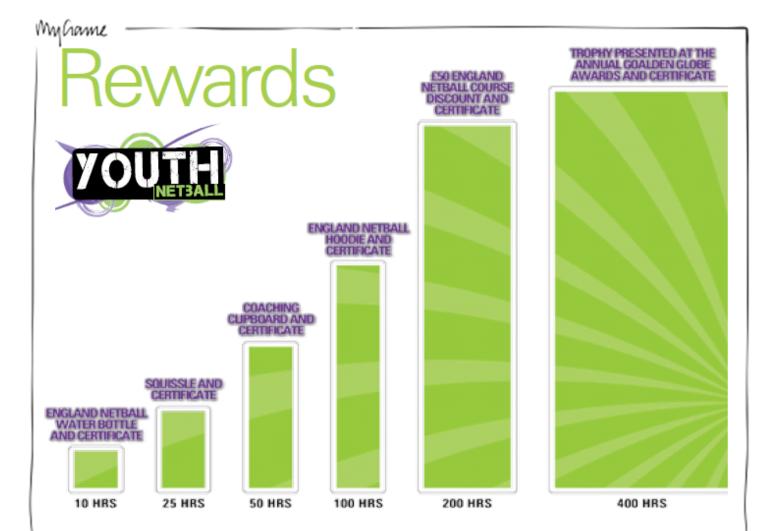
Every young person aged 12-25 that is actively volunteering in netball , whether that's as a coach, official, committee member, event helper, school team helper...the list is endless!

How does it work?

Once you've registered you will receive your volunteer portfolio and logbook. Just log your voluntary netball hours and send back the yellow copy to England Netball to receive your rewards in the post! It's as simple as that! You have 2 years from the date you became a member to complete your hours and claim your rewards.

PLEASE NOTE: Voluntary hours can only be counted from the day you sign up.





Benefits!

Not only will you get rewarded for the hours you complete, but just by registering as a member of 'Pass on you Passion' you'll get access to:

- FREE Regional Training Days where top coaches and officials will be on hand to pass on their knowledge.
- E-newsletters to keep you up to date with the latest information and voluntary opportunities.
- Invitations to volunteer at National and International netball events.

Register NOW!

You can download a Pass on your Passion Registration Form here







Holly Hart Regional Manager <u>Holly.Hart@englandnetball.co.uk</u> 07872 194534





Jenny Obin Regional Coordinator <u>South@englandnetball.co.uk</u> 01628 478985



Elly Moore Performance Pathway Coach Elly.moore@englandnetball.co.uk 07985 975404



Carey McCormick Hampshire & IOW Carey.McCormick@englandnetball.co.uk





Nicola Young Berkshire & Oxfordshire NDO <u>Nicola.Young@englandnetball.co.uk</u> 07540 127404

Stacey Boxall Sussex Stacey.Boxall@englandnetball.co.uk 07540 126600



Joanne Odro Buckinghamshire NDO Joanne.Odro@englandnetball.co.uk 07872 407092

Netball Development Community Coaches



Louise Exton Bucks & Milton Keynes NDCC Louise.Exton@englandnetball.co.uk 07964 124783



Debbie Laycock South East Hampshire NDCC Debbie.laycock@englandnetball.co.uk 07854 090473