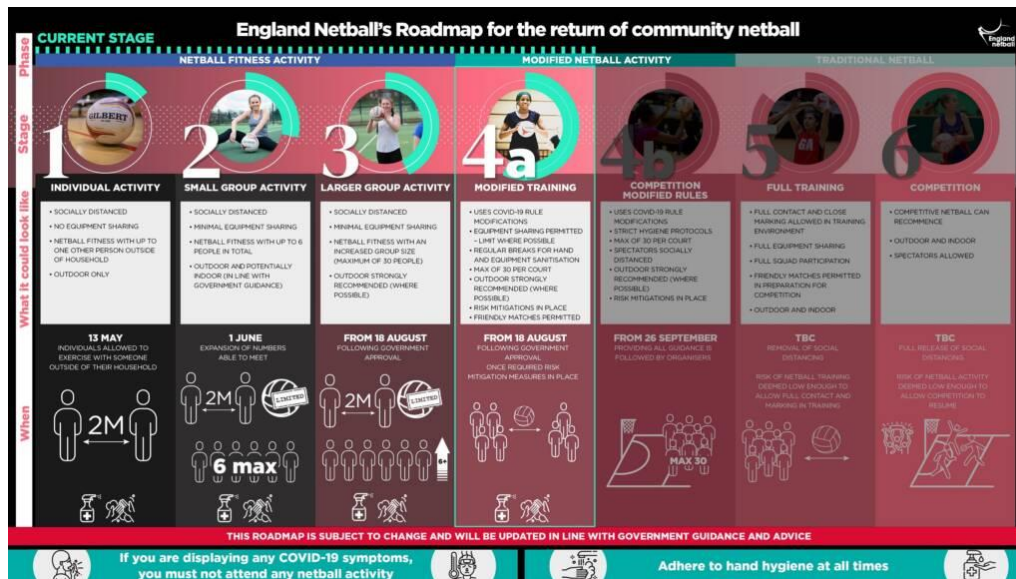




September Training Sessions

The club is delighted to have received the new guidance from England Netball that allows us to extend the training we can deliver to the girls over the coming weeks.



We have moved to Stage 4a on the netball road map, allowing training in larger groups, with specific rule modifications and also the potential of friendly matches & training match play.

There is a huge amount of planning and preparation to be ready and compliant to deliver this type of training, and part of this is ensuring that parents and players understand the situation and their part in the session.

Please find a summary of how our September training sessions will work ahead of the move to regular indoor training at Braywick hopefully in October.

Prior to Training

- All players / parents to complete a Covid Health Declaration ahead of training (attached), which must be sent electronically to the lead coach on the session. If this is not completed, a player MAY NOT train.
- Any player / member of their household exhibiting a new cough, temperature or loss of taste or smell MAY NOT ATTEND TRAINING, unless they have had a negative covid test.
- On the day of training, all parents must send a Whats App message to the lead coach to confirm any change to your daughter's health declaration, or if NO CHANGE. Without this electronic message on the day, your daughter cannot train eg 'Jo F – no change'.
- Please let us know if your daughter has any additional health needs, or if anyone in your household has been assessed by the Government as 'shielding' or high risk .

- All players MUST bring their own ball, sanitising wipes, anti-bac hand gel and first aid kits to every training session.
- Girls may wear any kit they wish that is appropriate; we strongly advise this is washed after every session. Nails must be short, no jewellery and appropriate trainers to be worn.

Facility Usage

- All sessions will be taking place on outdoor netball courts
- No toilet facilities are available to participants unless in an emergency.
- Please drop your daughter and remind her of the one way system into courts; gate nearest leisure centre doors for IN, gate nearest road for EXIT.

Arrival & Registration

- Players to wait, appropriately distanced, on pathway around courts for previous session to finish / coaches to be ready.
- Players will have temperature taken by forehead scanner as they enter the court space by the Assistant Coach. This will be recorded on the register.
- Players should bring a phone to training in case they cannot train due to a raised temperature and need to call parents for collection; those who do not have a phone must ask parent to wait in car until assessed if they are fit to train.
- Any player showing a temperature will be asked to wait separately, but in full view of coaches, until parent arrives to collect. Players aged 16+ may leave independently, but coaches will text parents to inform them that their daughter cannot train.

During Training / Play

- Where balls are shared, these must be sanitised every 15 mins.
- Parents should be aware that minor injuries will be self treated where possible
- Essential first aid must be carried out by coaches wearing PPE
- Players will be reminded of the 4' rule and other modifications to rules. Any players deliberately flouting the rules will be asked to leave the session.
- Parents / Spectators are not permitted inside the courts, but may watch from outside the area if appropriately distancing.
- Players are not allowed to share bibs – coaches will have spare sets to allow changes.
- Parents should be aware that the Club will be subscribing to the EN Test and Trace programme, and girls may be asked to scan a QR code on attending, which will show EN where and when they were training.

After Training / Play

- Any player exhibiting Covid type symptoms must immediately inform the club covid officer, Jinny Loss on nightsea@hotmail.com who will follow appropriate notification protocols

Magnet Netball COVID-19 health declaration form



COVID-19 HEALTH DECLARATION – NETBALL FITNESS ACTIVITY

The purpose of the questionnaire is to screen for possible symptoms of Covid-19 infection.

Our aim is to promote and maintain the health & safety of all our Netball family. Please help us by answering the questions honestly and accurately.

Today or at any point in the last 7 days have you had:

Symptom	Yes	No
A fever?		
A new, continuous cough?		
Any loss or change to your sense of taste or smell?		
Has any member of your household or someone that you have been in contact with reported any of the above symptoms in the last 14 days?		
Has any member of your household or someone that you have been in contact with tested positive for Covid-19 in the last 14 days?		
Have you been notified by the NHS test and trace system that you are a close contact of someone with known Covid-19 infection in the last 14 days?		

Player's Name:

Year Group:

Parent's Signature (or player if over 16) :

Please photograph completed form & send by Whats's App to your coach before 1st September.



September Training Sessions

Sessions will be taking place in September at **Furze Platt Senior School**, on their **OUTDOOR** courts.

We are yet to receive formal confirmation of league start dates, but expect that outdoor leagues, such as Charters and Berkshire Prem may start from the beginning of October. We also anticipate friendly leagues / matches being put in place where other leagues may delay their start to 2021.

England Netball advise that due to the long break from training, all players wishing to participate in competitive play should undertake 5-6 weeks of training before matches resume.

All players in our competition squads are welcome (encouraged!!) to book onto one or two sessions each week, at a cost of £5 per session.

Day	Date	Time	Year Group
Wednesday	2 nd Sept	6.00-6.55	U11, u12, u13
Wednesday	2 nd Sept	7.00-7.55	U14, u16, u19
Monday	7 th Sept	6.00-6.55	U11, u12, u13
Monday	7 th Sept	7.00-7.55	U14, u16, u19
Wednesday	9 th Sept	6.00-6.55	U11, u12, u13
Wednesday	9 th Sept	7.00-7.55	U14, u16, u19
Monday	14 th Sept	6.00-6.55	U11, u12, u13
Monday	14 th Sept	7.00-7.55	U14, u16, u19
Wednesday	16 th Sept	6.00-6.55	U11, u12, u13
Wednesday	16 th Sept	7.00-7.55	U14, u16, u19
Monday	21 st Sept	6.00-6.55	U11, u12, u13
Monday	21 st Sept	7.00-7.55	U14, u16, u19
Wednesday	23 rd Sept	6.00-7.10	U11, u12, u13
Wednesday	23 rd Sept	7.15-8.30	U14, u16, u19
Monday	28 th Sept	6.00-6.55	U11, u12, u13
Monday	28 th Sept	7.00-7.55	U14, u16, u19
Wednesday	30 th Sept	6.00-7.10	U11, u12, u13
Wednesday	30 th Sept	7.15-8.30	U14, u16, u19

Bookings should be made in the same way as Summer Training bookings, by texting **07759572223** with your daughter's name, year group (from Sept 20) and the dates she would like to book into.

We will then confirm your booking by text, with payment being made in the same way as before.