



Welcome to the second edition of our Club Newsletter—who can believe that the Easter holidays are here already!! We have lots of club news and end of league results to share this edition, and would like to celebrate your girls' achievements and accomplishments, both on the netball court and off, so would love to hear your news—please email us at [magnet.netball@virginmedia.com](mailto:magnet.netball@virginmedia.com)

## Half Term Newsletter

Issue 2, 2nd half of Spring Half Term 2015

### Berkshire League Draws to a Close!

The end of the Spring Term means that the 2014—2015 Berkshire Junior League games have finished for the season.

Magnets have had an amazing season, playing some very tough teams and winning some fantastic games! All the results for the individual games are on the following page.

The U13 team, coached by Sally & Marina, and managed by Sarah have finished in third place in their division.

The U12 team, coached by Sally & Marina and managed by Marina have finished in second place, de-



Magnets U13 Squad

sistent improvement through the season, and finished in third place. However, we were only pipped into third place on goal difference, having won & lost the same number of games as the second placed team!

spite struggling with injuries and numbers! We are delighted to welcome a couple of new girls who have joined this team, and are training hard as a group for the summer season!

The U11 team, coached by Bev & Sally, and managed by Annette have shown a con-



Magnets U11 squad v Wokingham

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#### Brean Sands

Just a gentle nudge to the parents of all girls attending the Brean Sands Netball Tournament in June - we will need your completed consent forms and full payment in for the trip by Sunday 26th April. This is the day of the Berkshire League Rally, so you can hand it into your coach then. Medical forms and kit lists will be sent out around the end of May. Parent supporters are very welcome to join us for the weekend but will need to make their own accommodation plans!

### Berkshire Netball Awards Night—24th April 2015

We are very pleased to announce that a number of our players were nominated and have now been short-listed for awards at this years Berkshire League Netball Awards Night.

We are keeping our fingers firmly crossed and will update you in the next newsletter! Not everyone nominated knows at this stage, so watch this space.....!

Categories include:

- \* Junior / Senior Player of the year
- \* Umpire of the year
- \* Coach of the Year
- \* Service to netball in the community
- \* Coaches awards

Remember ... [www.magnetnetballclub.co.uk](http://www.magnetnetballclub.co.uk)

Please do use our brilliant web site for updates on matches, results, uniform enquiries, fees, forms .. In fact, for pretty much any query, try the web site as your first port of call before calling your coach, team manager or Sally!

## Match Results Jan & Feb 2015

	U11 Squad			U12 Squad			U13 Squad		
		Score	Girl of Game		Score	Girl of Game		Score	Girl of Game
1/3/15	V W'ham Blue	20-8 Magnets	Daisy	V W'ham Red	23-9 W'ham		V W'ham Blue	50-9 Magnets	Anjali
2/3/15	V Sheer U12	46-0 Sheer	Zoe						
8/3/15							V Surrey Heath	CANX	
15/3/15	V Woodley	14-11 Magnets	Olivia	V Woodley	20-11 Woodley	Sophia			
16/3/15	V Rubies U12	18-7 Rubies	Zoe						
22/3/15							V Windsor	27-23 Magnet	Mia
29/3/15							V Surrey	41-33 Surrey	Mia

### Match Reports :

**U11's :** Two great wins in our Berkshire League matches have pushed the U11 team up the results table. Both the Charters games against the U12 teams showed significant improvement from the first times these teams were played.

**U12's :** The U12 squad has struggled with both injuries and lack of players, and have borrowed from the U11 team in the Berkshire League Matches. Sadly, we didn't win the last two games of the season.

**U13's :** A spectacular win against Wokingham was followed by a loss against Surrey and a close game ending in a win against Windsor.

## Upcoming Events & Fixtures for Your Diaries

20/4/15	U11 Charters Versatile Rally, 6.30pm
24/4/15	Berkshire League Awards Evening
26/4/15	U11 / U12 / U13 Berkshire League Tournament, Brackenhale School, all day.
9/5/15	U10 & U11 Wycombe Tournament, Kingsmead Netball Club, all day
10/5/15	Charters Summer League begins, dates tbc, 6pm
13/6/15	U13 Wycombe Tournament, Kingsmead, all day
14/6/15	U11 / U12 Dreams Southampton Tournament, all day
26-28 June	U11 / U12 / U13 Brean Sands Tour
12/7/15	Magnet NC Fun Day

Remember to let your Team Manager know asap if you can't make any of these matches!

### Magnet 'Fire' & Magnet 'Ice'

Our U11 team have spent the winter months playing up a year group for experience in the Charters U12 league. This summer, Charters are running an U11 summer league, and thanks to the fantastic commitment of the girls in the squad (and their parents!), we are able to enter two U11 teams in this league.

These teams will be supported by some of our most talented U10 players, and will be known as Magnet Fire and Magnet Ice. The girls will be split into two teams, and will be taking on the competition—and each other—this summer! Watch this space for the team line-ups and the match dates & results!

### A note on trainers ... and socks!

Please please can we implore parents to ensure that girls are playing in the correct type of shoe for netball. As your girls grow, the strain on feet, ankles and knees only increases, and the support that the correct shoe provides will help their stability, grip and most importantly, help prevent injury.

ASICS provide an excellent range of netball shoes, designed with the sport in mind. Yes, they are expensive—but in the same way that you wouldn't expect a sprinter to run in Converse sneakers, they are the right tools for the job! New Balance & Gilbert also have a small range of specific netball shoes. These all provide ankle, arch and foot support that simply is not included in a cross-trainer, fashion or running shoe—and we just cannot allow girls to play in these.

Further support should be added by wearing a sock that extends above the ankle by at least 3" This acts as extra support, and can be the difference between a pulled muscle and a broken ankle.

## Coaches Awards Spring 2015

Group	Player	Award
Year 2	No awards this term	
Year 3	Ava Losel-Daly	Gold Medal (joint) : Most Stars Achieved
	Lara Meredith	Gold Medal (joint) : Most Stars Achieved
	Anna Piercey	Silver Medal (joint) ; Most Stars Achieved
	Emily Bradley	Silver Medal (joint) ; Most Stars Achieved
	Kirsten Millward	Gold Medal (joint) : Most Improved
	Sana Wahid	Gold Medal (joint) : Most Improved
Year 4	Charlotte Edmonds	Gold Medal : Most Stars Achieved
	Macey Yazdi	Silver Medal : Most Stars Achieved
Year 5	Isobel Rennie	Gold Medal : Most Coaches Award
	Heidi Golding	Silver Medal (joint) : Most Coaches Award
	Tara Ryan	Silver Medal (joint) : Most Coaches Award
	Paris Meek-Patten	Silver Medal (joint) : Most Coaches Award
	Jessica Holmes	Gold Medal : Most Improved
Year 6/7	Ella Tinsley	Coaches Award

### Awards....

Girls training with Magnet Netball Club in Years 2-6 are given 'coaches awards' or 'stars' when they are in their weekly coaching sessions. These can be for many different reasons, including excellent play, demonstrating clear understanding of a drill or exercise, putting new skills into practise, or simply going above and beyond what we have asked from them! These awards are then totted up and the player with the most and runner-ups are given an award at the end of each term. We also pick the most improved player in each group—the person who has shown the greatest improvement of their netball skills in the term.

Once the girls move into years 6-10, our groups are split between competition squads and recreational netballers. The competition squads are the girls who want and are able to train more, play matches and develop to a higher level, whereas the recreational squads are all about developing netball skills further while setting up a lifelong love of the sport in a fun training session. We do not give awards in the competition squads, as the girls are selected for these squads on skill and commitment, and their place is their award.

### Congratulations....

To our fantastic Year 4 coach Paula Swaffield, who has just passed her Level 1 Coaching Award! Well done on all your hard work Paula!

### Mums ... Don't feel left out!!?

Not played since school & want to get back to the sport you loved? Or just some netball for fun and fitness?? Come and join us—Magnet Netball Club runs Back to Netball sessions on Friday mornings at the Magnet, and Thursday evenings at Cox Green School. These are fun, inclusive sessions for everyone, and we would love to see you!

#### *A Netball Beginners Poem*

*It isn't hard to learn to play, it's quite a growing sport,  
And ladies love the exercise, running round the court!  
I bought a rulebook, read it all, it didn't seem too tough,  
I even bought a pump & whistle, as well as other stuff!  
At first a few things didn't fit, like no backboard at the goal!  
I could not comprehend the bit about each players role.  
But then I went along one night, quite confident & sure  
That I could play and do it right., and for 60 mins endure.  
They put me on one side at back, I must have looked so dense!  
I thought I was the Goal Attack, but I was Wind Defense!  
I raced around as though I knew what it was all about  
And then the umpire said 'Hey you...for you, the circle's out!'  
Sally Ann Gray 2002*

**For more information on Back to Netball Sessions,  
please check the website!**